

INSTITUT
ESTHEDERM
P A R I S

Holistyczne podejście ukazane w rytuałach pielęgnacyjnych Institut Esthederm
zapewnią Ci odnowę duszy, ciała i umysłu.

FACE TREATMENTS

ESSENTIAL FACE TREATMENT – GENTLE DEEP CLEANSING RITUAL	TIME	PRICE
OSMOCLEAN A unique and in-depth cleanse.	30 min	160 zł
OSMOPEEL In addition to unique deep cleaning, it refines the skin's texture with AHA acid.	35 min	175 zł
YOUTH EXCELLENCE – TREATMENTS CORRECTING THE SIGNS OF AGEING	TIME	PRICE
ACTIVE REPAIR – Anti-wrinkle, radiance and detox treatment.	90 min	390 zł
ESTHELIFT – 100% manual professional lift that acts on the muscles, micro-circulation and skin tissues.	90 min	400 zł
SUPERIOR GLOBAL YOUTH – Comprehensive rejuvenating treatment designed for mature skin + Acti-Roller	90 min	390 zł
EXCELLAGE – An intensively regenerating and rejuvenating treatment combined with a face massage	90 min	420 zł
YOUTHFUL EYES – Gentle treatment to soothe and refresh your eyes.	30 min	150 zł
TARGETED PERFORMANCE – INTENSIVE TREATMENTS	TIME	PRICE
INTENSIVE HYALURONIC – This antiaging treatment is dedicated to dehydrated and tight skin with fine lines and wrinkles.	60 min	320 zł
INTENSIVE SPIRULINE – Meso-revitalisation for any sign of tiredness.	60 min	320 zł
INTENSIVE VITAMINE C – Intensive skin brightening treatment	60 min	320 zł
INTENSIVE PEELING – Intensive treatment leveling the skin surface	60 min	320 zł

BODY TREATMENTS

BODY TREATMENTS – A HARMONIOUS SILHOUETTE	TIME	PRICE
BODY ESSENTIAL – Cleansing treatment to prepare your body for every skin care.	45 min	200 zł
BODY RESOURCE – This treatment restores energy balance with precise yet relaxing massage movements.	60 min	350 zł
BODY SCULPT – Comprehensive firming treatment to tone and reshape the silhouette.	60 min	300 zł
BODY SVELT – A treatment to slim and reshape the silhouette. Dedicated to the skin affected by cellulite.	60 min	350 zł



PAŁAC CIEKOCINKO
— HOTEL RESORT & WELLNESS —
★★★★★

FULL BODY MASSAGE

PERSONALISED MASSAGE

TIME

PRICE

PALACE CIEKOCINKO SIGNATURE CLASSIC MASSAGE

60 min / 90 min

250 zł / 300zł

AROMA MIND & BODY BALANCE

60 min / 90 min

270 zł / 350zł

MANUAL TECHNIQUES FROM ALL OVER THE WORLD

TIME

PRICE

HOT VOLCANIC STONE MASSAGE

60 min / 90 min

270 zł / 350zł

HERBAL STAMPS MASSAGE*

60 min / 90 min

270 zł / 300zł

CANDLE RELAXING MASSAGE

60 min / 90 min

270 zł / 300zł

ACTIV SPORT

30 min

150 zł

AROMATIC RITUALS

SUGAR / SALT PEELING AND MASSAGE WITH AROMATIC BUTTER

TIME

PRICE

RÓSE- peeling with rose petals, pink Himalayan salt, shea butter, babassu oil and natural rose oil will make our skin go through the following stages of regeneration: exfoliation, smoothing wrinkles, increasing skin firmness and hydration

60 min

280 zł

IRISH COFFEE - Irish coffee sugar body scrub is an extremely aromatic, stimulating and regenerating dose of positive emotions that we feel when using the scrub. The amazing aroma of coffee combined with orange oil improves the mood and relaxes.

60 min

280 zł

AMBER - Amber salt peeling with pine-herbal algae is a refined, cosmetic handicraft based on Baltic Gold. Due to the fragmentation of amber dust contained in the peeling, the skin absorbs beneficial microelements trapped in amber, such as silicon, magnesium, iron, calcium, and potassium, and more

60 min

280 zł

OTHER TREATMENTS

HANDS, FEET AND NAILS CARE

TIME

PRICE

MANICURE – HYBRID

90 min

140 zł

MANICURE CLASSIC

60 min

90 zł

RITUAL SPA MANI / PEDI

30 min

70 zł

HYBRID REMOVAL

30 min

30 zł

PEDICURE – HYBRID

90 min

170 zł

PEDICURE CLASSIC

60 min

140 zł

EYEBROWS & EYELASHES CARE

TIME

PRICE

EYEBROWS SHAPING

15 min

30 zł

EYEBROWS TINTING + SHAPING

30 min

60 zł

EYELASHES TINTING

15 min

40 zł

EYELASHES AND EYEBROWS TINTING
+ EYEBROWS SHAPING

60 min

80 zł