



## WELLNESS PACKAGE

in Pałac Ciekocinko Hotel Resort & Wellness

INSTITUT  
ESTHEDERM  
PARIS

When entering the extensive complex of castle and chateau of Ciekocinko Palace, one can instantly notice its uniqueness. Here, like nowhere else, it is easier to listen to the heartbeat just because there is nothing that could interrupt the sound of silence. The standards of the hotel facilities, surrounded by exclusive potential and natural wealth, conform to the Wellness Ciekocinko Palace philosophy where a harmonious interplay of all the elements serves to ensure comfort and well-being. This idyllic harmony of nature combined with Institut Esthederm wellness treatments provide a complex renewal of body and soul.

Nature is the key word of this place while biology remains the essence of Institut Esthederm. When united, they guarantee the improvement of the mechanisms in our skin and the ultimate relaxation.

As everything changes and the world keeps moving faster and faster, Institut Esthederm treatments and stay in Ciekocinko Palace Hotel Resort & Wellness let you push the pause button, regain your balance, and recharge for any future challenges. Feel this place with all your senses



PAŁAC CIEKOCINKO  
— HOTEL RESORT & WELLNESS —  
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Ciekocinko 9, 84-210 Choczewo  
tel. 58 572 25 08, 608 002 220  
[www.palacciekocinko.pl](http://www.palacciekocinko.pl)



## DETAILS OF THE SPECIALN WELLNESS OFFER

STAY FOR TWO NIGHTS:	One person:	Two persons:	Three persons:	Four persons:
Standard Room in Carriage House	1 988 zł	3 454 zł	-	-
Family Suite in Carriage House	2 168 zł	3 634 zł	5 308 zł	6 884 zł
Superior Room in Palace:	2 168 zł	3 634 zł	-	-
Executive Room in Palace:	2 276 zł	3 742 zł	-	-
Executive Suite in Palace:	2 708 zł	4 174 zł	-	-
Deluxe Suite in Palace:	2 888 zł	4 354 zł	-	-
Family Deluxe Suite in Palace (3-pers.):	3 068 zł	4 534 zł	6 308 zł	-
Family Deluxe Suite in Palace (4-pers.):	3 428 zł	4 894 zł	6 708 zł	8 284 zł
Tower Suite in Palace:	3 968 zł	5 434 zł	-	-
Presidential Suite in Palace:	4 328 zł	5 794 zł	-	-

### PACKAGE INCLUDES:

2 nights in the selected room category

Delicious breakfasts in the Palace's restaurant

2 x lunch at Luneta & Lorneta Bistro Club prepared by Head Chef Andrzej Kreczmer with non-alcoholic beverages

2 x Ayurveda aromatic herbal tea in the Palace's Parlour

Parking

Wireless internet access

Late check-out on the day of departure until 14:00

#### Treatments at Institut Esthederm:

Cosmetology consultation

Face care treatment ACTIVE REPAIR - A rejuvenating treatment, preserving the capital of youth, combined with professional facial cleansing OSMOCLEAN

Face care treatment INTENSIVE HYALURONIC or INTENSIVE SPIRULINE combined with OSMOCLEAN professional face cleansing

Body treatment - BODY RESOURCE

Body treatment - BODY SCULPT

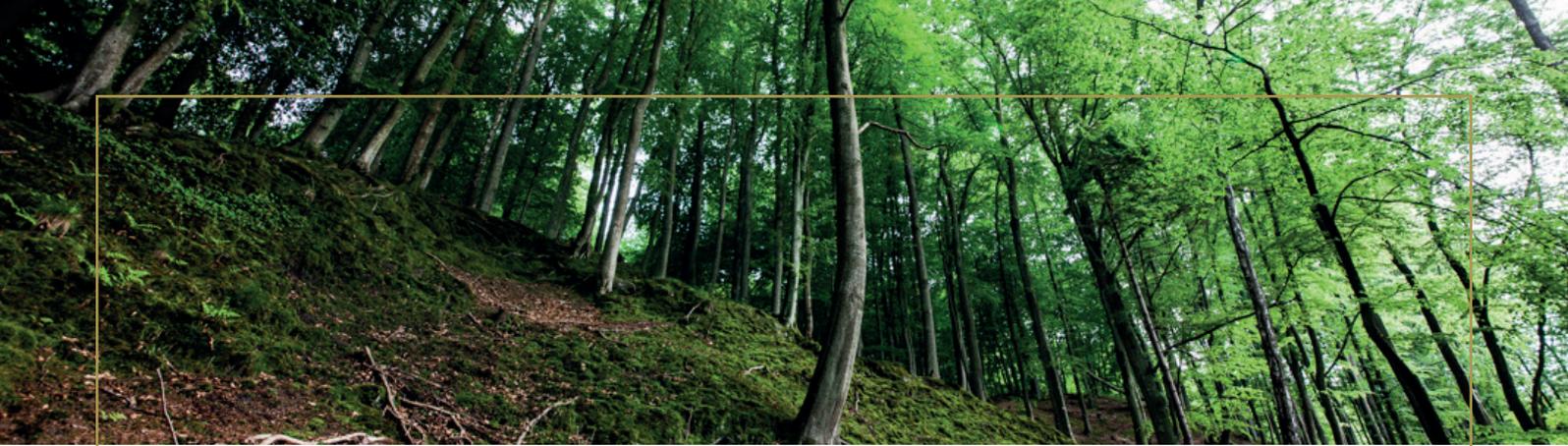
10% discount on other treatments from the Institut Esthederm offer

#### You can enjoy various activities at a charge (reservation required), i.e.:

- recreational horse riding or sports training
- GT Avalanche mountain bikes, Driving Range, fishing tackle
- picnic on the most beautiful wild beach in Poland

**RESERVATIONS:** tel. 608 002 220 | email: [hotel@palacciekocinko.pl](mailto:hotel@palacciekocinko.pl) | [www.palacciekocinko.pl](http://www.palacciekocinko.pl)

*General terms and conditions: The offer is valid between 1st of October 2019 and 31st of March 2020 excluding the time of Family Christmas and New Years Eve Special Offer. Room rate includes breakfast, VAT, wireless internet access, parking and components shown in the programme. Room rate does not include the local authority fee of 1,50 zł per person per night, which will be added to the final bill. In order to guarantee the booking, the hotel requires pre-payment of 50% of the reservation value within 3 days from the date the booking was made. Pre-payment can be made either by bank transfer or by credit card. Should the pre-payment not be made within the above time frame, the hotel reserves the right to cancel the booking. The pre-payment is non-transferable. You can cancel your booking free of charge no later than 14 days prior to your arrival date. Any cancellations made between 13-7 days prior to arrival date will incur a cancellation fee of 50% of the booking value. Any cancellation made less than 3 days prior to arrival will incur a cancellation fee of 100% booking value.*



## TREATMENTS IN INSTITUT ESTHEDERM

Discover a range of sensations through our effective rituals based on highly sensory products of airy consistency and subtle scents. Understand the power of touch through gentle hands and acupressure techniques inspired by physiotherapy, osteopathy, holistic therapies and aesthetic medicine; all of which stand for excellence in the world of professional cosmetics. Relax your facial muscles, your mind, and rebalance your energy flow. PATENTED CELLULAR WATER TECHNOLOGY is at the heart of all of our formulas. It is in harmony with the skin and transfers vital energy to preserve the skin's youthfulness, optimizing the efficacy of all our treatments. Cellular water delivers the perfect amount of elements that are essential to life to preserve cell vitality.

Immerse yourself in the Institut Esthederm treatments. The entire experience is designed for you.

### TREATMENTS THAT REVEAL THE BEAUTY OF EACH SKIN:

#### **OSMOCLEAN (30 minutes)**

A unique and in-depth cleanse. Institut Esthederm signature method for professional cleansing which respects the skin sensitivity and its natural protective flora. Skin is oxygenated and energized for a pure and clear complexion. The treatment allows better penetration of active ingredients and prepares skin for further care.

#### **ACTIVE REPAIR (90 minutes)**

Anti-wrinkle, radiance and detox treatment. Using lymph-draining manual techniques and active ultra-sensory formulas, it improves the overall quality of the skin. Intensive recovery for fatigue skin that detoxifies and drains, eliminates toxins, repairs skin at a deep level and smoothens out wrinkles. Complexion appears fresh and relaxed, with all signs of tiredness gone.

#### **INTENSIVE HYALURONIC (60 minutes)**

Intensively moisturizes. This antiaging treatment is dedicated to dehydrated, uncomfortable, and tight skin with fine lines and wrinkles. INTENSIVE HYALURONIC is a combination of 3 forms of highly purified hyaluronic acid, that instantly smoothens away dehydration lines, increases the level of epidermal moisture and protects skin from drying. It leaves skin re-densified and toned and wrinkles are minimized.

#### **INTENSIVE SPIRULINE (60 minutes)**

Meso-revitalisation for any sign of tiredness. A treatment for all skin types, and at any age; it fights fatigue, nourishes, activates microcirculation, revives and revitalizes. INTENSIVE SPIRULINE reduces the roughness of the epidermis. Skin is immediately radiant, more toned, firmer and smoother.

### BODY TREATMENTS:

#### **BODY RESOURCE (60 minutes)**

This treatment restores energy balance with precise yet relaxing massage movements. Pressure is applied to specific areas to create a one-of-a-kind wellness sensation and gorgeous skin. A treatment to provide a total relaxation, leaving skin hydrated and smoothed. Dedicated to dry and tight skin types which lack radiance and vitality.

#### **BODY SCULPT (60 minutes)**

Comprehensive firming treatment to tone and reshape the silhouette. It offers a massage that implements specific techniques inspired by fasciatherapy. Deep and directed movements bring relaxing pleasure while acting on the entire structure of your body. Smoothens and softens the skin. Perfect for those who do sports or fitness and are mindful of a healthy lifestyle.