

INSTITUT
ESTHEDERM
P A R I S

Institut Esthederm's holistic approach is reflected in the beauty rituals,
which rebalance your body and mind.

FACE TREATMENTS

ESSENTIAL FACE TREATMENT – GENTLE DEEP CLEANSING RITUAL

	PRICE	TIME
OSMOCLEAN	160 zł	30 min
OSMOPEEL	175 zł	35 min

YOUTH EXCELLENCE – TREATMENTS CORRECTING THE SIGNS OF AGEING

	PRICE	TIME
ACTIVE REPAIR	390 zł	90 min
ESTHELIFT	400 zł	90 min
SUPERIOR GLOBAL YOUTH	460 zł	90 min
YOUTHFUL EYES	150 zł	30 min

TARGETED PERFORMANCE – INTENSIVE TREATMENTS

	PRICE	TIME
INTENSIVE HYALURONIC	320 zł	60 min
INTENSIVE SPIRULINE	320 zł	60 min

BODY TREATMENTS

BODY TREATMENTS – A HARMONIOUS SILHOUETTE

	PRICE	TIME
BODY ESSENTIAL	200 zł	30 min
BODY RESOURCE	350 zł	60 min
BODY SCULPT	300 zł	60 min
BODY SVELT	350 zł	60 min

SUN SPA INSPIRED – TREATMENT TO PREPARE FOR EVEN AND LONG LASTING TAN

	PRICE	TIME
SUN SPA INSPIRED BEFORE	250 zł	60 min
SUN SPA INSPIRED AFTER	250 zł	60 min
SUN SPA INSPIRED BEFORE & AFTER	450 zł	120 min



PAŁAC CIEKOCINKO
— HOTEL RESORT & WELLNESS —
★★★★★

FULL BODY MASSAGE

PERSONALISED MASSAGE

	PRICE	TIME
PALACE CIEKOCINKO SIGNATURE MASSAGE*	250 zł	60 min
	300 zł	90 min
MIND & BODY AROMA MASSAGE*	250 zł	60 min
	300 zł	90 min

MANUAL TECHNIQUES FROM ALL OVER THE WORLD

	PRICE	TIME
HOT VOLCANIC STONE MASSAGE*	270 zł	60 min
	350 zł	90 min
HERBAL STAMPS MASSAGE*	270 zł	60 min
	300 zł	90 min
CANDLE RELAXING MASSAGE*	250 zł	60 min
	300 zł	90 min
*OPTIONAL: COUPLE MASSAGE	+150 zł	
BIRCHWOOD MASSAGE	250 zł	60 min
ACTIV SPORT	150 zł	30 min
CLASSICAL HOLISTIC	250 zł	60 min

HAND, NAIL & FOOT CARE/ TREATMENTS – OPI

HANDS AND NAILS CARE

	PRICE	TIME
MANICURE – OPI	150 zł	85 min
CLASSIC MANICURE	100 zł	60 min
SPA MANI RITUAL	70 zł	35 min
HYBRID REMOVAL	30 zł	25 min
REBUILD OF BROKEN NAIL	15 zł	15 min

FEET CARE

	PRICE	TIME
PEDICURE – OPI	200 zł	85 min
CLASSIC PEDICURE	150 zł	70 min
SPA PEDI RITUAL	70 zł	35 min
ACID PEDICURE	130 zł	30 min

OTHER TREATMENTS

EYEBROWS & EYELASHES CARE

	PRICE	TIME
EYEBROWS SHAPING	30 zł	15 min
EYEBROWS TINTING + SHAPING	60 zł	30 min
EYELASHES TINTING	40 zł	20 min
EYELASHES AND EYEBROWS TINTING + EYEBROWS SHAPING	80 zł	40 min

EPILATION

	PRICE
FULL LEGS	130 zł
CALFS OR TIGHTS	80 zł
BIKINI	70 zł
UNDERARMS	50 zł
FACE	30 zł
ARMS	50 zł
CHEST OR BACK	130 zł